

Curriculum Vitae

• Personal History

Date: ۲۹.۹.۲۰۲۱

Name (first name/surname, last name/forename): Shayesteh Shirzadi

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* Optional items

• Educational History

a. Education (Academic Preparation)

Major	Minor	Degree	University	City	Country	Year	
						From	To
Health Education and Health Promotion		PhD	Tabriz University of Medical Sciences	Tabriz	Iran	2013	2018
Health Education		MSc	Tehran University of Medical Sciences	Tehran	Iran	2009	2012
Public Health		BSc	Iran University of Medical Sciences	Tehran	Iran	2007	2009

b. Theses

Title of thesis	Degree	Supervisor(s)
Exploring Perceived Barriers of Mammography and Developing Instrument for Barriers of Mammography for Iranian Women: A Multiphase Mixed Method Design	PhD	Prof. Hamid Allahverdipour
The effect education based on Health Belief Model on promotion physical puberty health of teen girls in welfare boarding centers in Tehran	MSc	Prof. Davood Shojaei Zadeh

• Professional History

a. Teaching history

School	*Level	Role	**Type of lesson (theory or Practical)	Title of lesson	Number of Students	Clock Hours	Year
Sarab Faculty of Medical sciences	Undergraduate	Teacher	Theory	Principles and generalities of epidemiology	40	68	2014-2015
Sarab Faculty of Medical sciences	Undergraduate	Teacher	Theory	Epidemiology and control of common diseases in Iran	20	34	2015
Sarab Faculty of Medical sciences	Undergraduate	Teacher	Theory	Public health	20	17	2015
Sarab Faculty of Medical sciences	Undergraduate	Teacher	Theory	Mental Health and Addiction	14	17	2015

*Level: Undergraduate, Resident, Postgraduate, Graduate

**Type of lessons: Theory or Practical (Classroom, Laboratory, clinic, Operating Room, Community, etc.)

b. Professional Service

Type of Service	Place	Year
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c. Academic Administrative Appointments

Position	Duties	Institution/Location	Supervisor	Year
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d. Executive Positions and appointments (Administrative)

Job Title	Duties and Responsibilities	Site of activity	Supervisor	Year	
				From	To
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• Honors and Awards

Award	Place	Awarding body	Year
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• Membership in Professional Associations and societies (Professional Memberships)

Name of Association	Site of association	For	Year
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• Committees and councils Membership

Name of Committee or council	Member/officer	Place	Year	
			From	To
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• Approved Projects and Proposals

Title of Project/proposal	Role (PI, Co-Investigator, Consultant, etc.)	Hours of activity	Place	Current condition of Project/proposal	Year
Explaining the executive model of prevention and emergency response against Coronavirus (Covid-19) and other acute infectious respiratory infections in Iranian workplaces	Co-Investigator	30	Tehran	in Process	2020
Promoting Physical Activity in Workplace among Employees at Headquarters Office of the Ministry of Health and Medical Education	Co-Investigator	20	Tehran	Ended	2019
Investigating the factors related to health puberty among high school boys students using the model of health belief in Marivan county	Co-Investigator	10	Marivan	Ended	2015

- Grants Received**

Source	Grant No.	Title	Budget of Grant (Total Costs)	Role (PI, Co-Investigator, Consultant, etc.)	Period
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- Theses directed, supervised or consulted**

Title of thesis	Degree/Level	Place	Role	Year
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- Lectures**

Title of Lecture	Seminar	Place	Year
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- Editorial**

Journal	Place of Publishing	Duties and Responsibilities	Year	
			From	To
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- Courses (educational, training, research and management)**

Course	Level	Place	Year
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- Attending in seminars, workshops, etc.**

Title of seminar, workshop, etc.	Duration	Place	Year
Systematic Review	4 hours	Tabriz University of Medical Sciences	2015
Qualitative Study	4 hours	Tabriz University of Medical Sciences	2015
Educational technology and teaching methods	6 hours	Tabriz University of Medical Sciences	2014
Meta analyzes	4 hours	Tabriz University of Medical Sciences	2013
Systematic Review	4 hours	Tabriz University of Medical Sciences	2013
Qualitative Study	4 hours	Tabriz University of Medical Sciences	2013
Search in Electronic Database	4 hours	Tabriz University of Medical Sciences	2013
Article Writing	2 hours	Tehran University of Medical Sciences	2010

• **Publications:**

a. Books

Author(s)	Editor	Title	Publisher	Site of Publication	Year of Publication
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b. Articles

Author(s)	Title	Journal name	Vol. No.	Issue No.	Page No.	Year
Haidar Nadrian, Ahmad Nejati, Arman Latifi, Mehran Aghemiri, Hossein Hajzadeh, Hassan Mahmoodi, Shayesteh Shirzadi, Haleh Heizomi	Gender-based differences in cognitive needs of Iranian rural health workers to perform osteoporosis prevention educational programs: an application of health belief model	International Journal of Health Promotion and Education	59	4	18	2020
Shayesteh Shirzadi, Hamid Allahverdipour, Manoj Sharma, Hadi Hasankhani	Perceived barriers to mammography adoption among women in Iran: a qualitative study	Korean journal of family medicine	41	1	20	2020
Shayesteh Shirzadi, Mohammad Asghari-Jafarabadi, Kamiar Kouzekanani, Hadi Hasankhani, Hamid Allahverdipour	Assessing the mediating role of breast conflict on cognitive factors associated with adopting mammography	Women & health	59	5	13	2019
Farzaneh Golboni, Haidar Nadrian, Sarisa Najafi, Shayesteh Shirzadi, Hassan	Urban-rural differences in health literacy and its determinants in Iran: A community-based study	Australian Journal of Rural Health	26	2	7	2018

Mahmoodi						
Tahereh Pashaei Fariba Khayyati, Zahra Fathifar, Shayesteh Shirzadi	Writing and presenting a systematic review emphasizing the Cochrane Handbook for systematic reviews	Chronic Diseases Journal	4	1	9	2018
Shayesteh Shirzadi, Haidar Nadrian, Mohammad Asghari Jafarabadi, Hamid Allahverdipour, Hadi Hassankhani	Determinants of mammography adoption among iranian women: What are the differences in the cognitive factors by the stages of test adoption?	Health care for women international	38	9	14	2017
Hassan Mahmoodi, Farzaneh Golboni, Haidar Nadrian, Moradali Zareipour, Shayesteh Shirzadi, Reza Ghanei Gheshlagh	Mother-father differences in postnatal psychological distress and its determinants in Iran	Open Access Macedonian Journal of Medical Sciences	5	1	6	2017
Safooreh Esmaeilzadeh, Hamid Allahverdipour, Behrouz Fathi, Shayesteh Shirzadi	Risk perception of HIV/AIDS and low self-control trait: explaining preventative behaviors among Iranian university students	Global journal of health science	8	4	8	1016
Mahmod Reza Gohari6 Negin Niksadat, Mahnaz Solhi, Zahra Jalili, Shayesteh Shirzadi, Mohsen Mohammadi	Application of the Kirkpatrick Model in Evaluation of the Educational Prevention Program of Self-Medication in Women	Strides in Development of Medical Education, Journal of Medical Education Development Center	13	4	8	2016
Shayesteh Shirzadi, Mohammad Asghari Jafarabadi, Hassan Mahmoodi Haidar Nadrian	Determinants of puberty health among female adolescents residing in boarding welfare centers in Tehran: An application of health belief model	Medical journal of the Islamic Republic of Iran	30	432	7	2016
H Mahmoodi, JAFARABADI M ASGHARI, Y Mohammadi, SH Shirzadi, P DOSHMANGIR, P Sharifisagezi	Correlation of Body mass index and health-promoting lifestyle among health care workers of Saqqez city	JOURNAL OF HEALTH PROMOTION MANAGEMENT (JHPM)	5	218	9	2016
Shayesteh Shirzadi, Parinaz Doshmangir, Mohammad Asghari Jafarabadi	Explaining the Role of Health Belief Model Constructs On Physical Puberty Health Among Teen Girls: Structural Equation Modeling	Women's Health Bulletin	2	3	5	2015
Parinaz Doshmangir, Shayesteh Shirzadi,	The effect of educational intervention according to	Journal of Research and	5	2	5	2015

Mohammad Hossein Taghdisi, Leila Doshmangir	PRECEDE model on the regular physical activity among elderly people	Health				
Shayesteh Shirzadi, Parinaz Doshmangir, Hassan Mahmoodi, Negin Niksadat, Mohammad Hossein Taghdisi, Davood Shojaeizadeh	Effects of education based on focus group discussions on menstrual health behaviors of female adolescents in boarding centers of the welfare organization, Tehran, Iran	J Educ Community Health	1	4	10	2015
Hassan Mahmoodi, Mohammad Asghari-Jafarabadi, Twohid Babazadeh, Younes Mohammadi, Shayesteh Shirzadi, Pershang Sharifi-Saqezi, Nian Mulodirad	Health promoting behaviors in pregnant women admitted to the prenatal care unit of Imam Khomeini hospital of Saqqez	J Educ Community Health	1	4	7	2015
Parinaz Doshmangir, Shayesteh Shirzadi, Mohamad Hossein Taghdisi, Leila Doshmangir	Effect of an educational intervention according to the PRECEDE model to promote elderly quality of life	J Educ Community Health	1	2	9	2014
Shayesteh Shirzadi, Davoud Shojaeizadeh, Mohammad Hossein Taghdisi, Agha Fatemeh Hosseini, Parinaz Doshmangir	Determine the effect of group discussion as a educational method on promoting the knowldeg of teen girls concerning uberty health who live in welfare Boarding Centers in Tehran	Toloobehtdasht	12	1	10	2013
Shayesteh Shirzadi, Davoud Shojaeizadeh, Mohammad Hossein Taghdisi, Agha Fatemeh Hosseini	The effect of education based on health belief model on promotion of physical puberty health among teen girls in welfare boarding centers in Tehran	Journal of School of Public Health and Institute of Public Health Research	10	2	12	2012

c. Papers Presented

Author(s)	Title of Article	Congress	Place	Type of Presentation (Oral or Poster)	Year
Shayesteh Shirzadi, Mohammad Asghari-Jafarabadi, Hadi Hasankhani, Hamid Allahverdipour	Assessing the Mediating Role of Breast Conflict on Cognitive Factors Associated with Adopting Mammography	The 9th National Iranian Congress on Health Education & Promotion	Mashhad, Iran	Poster	2018
Shayesteh Shirzadi, Mohammad Asghari-Jafarabadi, Hadi Hasankhani, Hamid Allahverdipour	Barriers of Mammography Screening in the Health Care system	The 13rd International Breast cancer Congress	Tehran, Iran	Oral	2018
Shayesteh Shirzadi, Mohammad Asghari-Jafarabadi, Hadi Hasankhani, Hamid Allahverdipour	Social-Cultural barriers of Mammography Adoption among Iranian Women	The 3rd International and 8 th National Iranian Congress on Health Education & Promotion	Esfahan, Iran	Poster	2017
Shayesteh Shirzadi, Mohammad Asghari-Jafarabadi, Hadi Hasankhani, Hamid Allahverdipour	Determinants of mammography adoption among Iranian women: what are the differences in the cognitive factors by the stages of test adoption?	The 3rd International and 8 th National Iranian Congress on Health Education & Promotion	Esfahan, Iran	Poster	2017
Shayesteh Shirzadi, Parinaz Doshmangir Davoud Shojaezadeh, Mohammad Hossein Taghdisi	The Impact of Focus Group Discussion Educational Approach on Promotion of Knowledge and Performance Regarding Physical Puberty Health of Female Adolescents Welfare Boarding Centers	The 3rd International and 8 th National Iranian Congress on Health Education & Promotion	Kermanshah, Iran	Poster	2017
Parinaz Doshmangir, Shayesteh Shirzadi,	Influential Factors on Healthy Lifestyle Viewpoint of Elderly people	The 2e International and 8 th National Iranian Congress on Health	Kermanshah, Iran	Poster	2017

Mohamad Hossein Tagdisi, Leila Doshmangir		Education Promotion	&			
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d. Media and Software

Title of Media or Software	Usage	Designer(s)/ Programmer(s)	Year
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- **Others**

- **Professional Interests:** Health Education and Health Promotion, Woman Health

- **References (referees)**